



PALMER LAKE VFW POST #3915



www.palmerlakevfw.org

NO ONE DOES MORE FOR VETERANS

Staying Safe

By Commander Jarrod McReynolds



Comrades

I hope that this Newsletter is finding you all Safe and doing well. If you are experiencing any

issues during this period I urge you to reach out so that we can assist, the VFW is a family and family takes care of each other.

While the Club is closed due to COVID-19 the VFW is still open and operating. If that does not make sense, then I ask you to take some time to review our [mission](#). Planning for Memorial Day, and for Poppy distribution continues, and if there are any Veterans or their families that are in need we stand ready to assist in any way that we can.

Our wonderful management team is taking the time to complete many Club improvement projects during this outage so make sure to thank them when the club is back open.

COVID-19 is causing world wide changes, and we are going to change with the times. Our April 8th Members meeting will be held via Zoom. in order to get the access information you will need to go to our [website](#) and log in. Your login information

is your membership number and your last name.

I encourage you all to test out Zoom and install the software on your computer, phone or tablet prior to the members meeting to ensure you are able to get connected. Please also keep in mind that this will be something new for all of us involved so have patience as we work through this as a team.

As some of you may have noticed our website has taken on a significant change. This new site is tied into District, Department and Nationals sites, and receives news and calendar feeds from them. This will allow our members stay more informed, and current on what is going on in our great organization.

I close this months message with a plea for everyone to stay safe, ad remain patient during this time. We continue our missions, and we can only do that with all of our members, if anyone knows of any member, Veteran or family member that is need make sure they get in touch. They can email, call, or use social media to connect with the Post.

Commander

Jarrod McReynolds

IN THIS ISSUE

Auxiliary News

The latest from our Auxiliary President Page 2

Prayer Corner

Page 3

Community Service

Page 3

Membership

Page 4

Youth Activities

Page 4

Honor Guard

Page 4

Safety

Page 5

Other Stuff

Page 5

The Cootie Corner

Page 5

Veterans Issues

Page 6

Legislation

Page 8

Buddy

Page 8

Veterans and Post Activities

Page 9

Americanism and Citizenship

Page 11

Up-coming Holidays

Dates to Note

Help Wanted & Contact Us

A new take on volunteering Page 12

The Canteen

Calendar Page 13

Auxiliary News

By President Tracy McReynolds

Greetings Auxiliary members,

I hope you are all well and staying healthy. These are some very unusual times that we have entered into. If for whatever reason you find yourself needing groceries or anything do not hesitate to reach out to any of us for help.

I am sure by now you have realized we will not be having an April meeting due the Post being closed until 5/1 and the Governor's request for no gatherings of people over 10.

We are hoping by May 12th our Post home will be open for elections and installation.

If for whatever reason the Post is not open by that time we will have to do elections, installation and a meeting via Zoom. More info to follow around the 1st of May if that does happen.

Please again let us know if you need any help with anything

Thank you for your support,

Tracy McReynolds

Auxiliary Email: Auxiliary.vfw3915@gmail.com

Regardless of how you choose to volunteer your time, always remember to log your community services hours in our community service log on our website.

[Click Here](#)



Prayer Corner

By Chaplin Nate Gehl



Palmer Lake VFW is not only a Veteran's organization, but also a family. We grow, work, laugh and morn together.

Bob Whitcraft, continues his fight with cancer, please continue to send prayers and well wishes to him and his family.

It is with sad news that I inform everyone that Comrade Lynn Olkives has been moved to hospice care. Please keep her and her family in your thoughts and prayers.

Lord,

Please watch over all of our families during this time of stress and COVID-19 virus pandemic Help us to deal with the illness if it strikes one of our family or friends and to help us all watch over the vulnerable people in our neighborhoods.

Amen

Community Service

Senior Vice Jonell Wilson



Greetings from your Community Service Chair.

Palmer Lake Supports the "Blue Star Mothers – Chapter 7 – North Metro"

HOW CAN I HELP?

There are many different way to help make a difference. Regardless of how you choose to volunteer your time, always remember to log your community services hours in our community service log on our website.

[Click Here](#)

If you have questions or have an idea on a Community Service activity, feel free to send an email to the Commander (see link on the contact page).

Thank you everyone for your continued community service contributions.

COVID-19

NOW IS THE TIME TO VOLUNTEER TO HELP DELIVER MEALS TO THOSE SHUT IN AT HOME, TO SHOP FOR ESSENTIALS FOR THOSE UNABLE TO SHOP FOR THEMSELVES, TO BABYSIT FOR THOSE WORKING FROM HOME AND DEALING WITH CHILDREN HOME FROM SCHOOL, TO HELP IN FOOD KITCHENS TO HELP FEED THE HOMELESS. I AM SURE YOU CAN THINK OF MORE THINGS WHERE HELP IS NEEDED. ABLE BODIED PEOPLE WILLING TO CLEAN AT MEDICAL FACILITIES ARE SORELY NEED (AND THESE JOBS ARE PAID). EVERY DAY I READ ABOUT BUSINESS THAT ARE LOOKING TO HIRE AS WELL.

Share the Veterans Crisis Line Number to Save a Life

Crisis Line. This confidential, toll-free, 24-hour-a-day hot line serves Veterans and their loved ones year-round. Reach qualified, caring responders:

by phone at 800-273-8255,

via on-line chat on their website, or

by text message at 838255.

Membership

Junior Vice Janet Schaak



If you bring in a lead that turns into a new member, you will get your name in the drawing for a \$100 Post Gift card. We currently need 3 New members or reinstates to reach 100%. We also sit in 8th place for membership in our division. Remember we need to be in the top 50 to qualify for All-American Post honors. Let's do it this year!!!

Youth Activities

Program Chair Janet Schaak

The 2019-20 theme is:

What Makes America Great



Each year more than 132,000 students in grades 6-8 enter the VFW's Patriot's Pen youth essay contest. The national first-place winner wins \$5,000 and an all-expense-paid trip to Washington, D.C. The first-place winner from each state competes for national awards totaling \$55,000, with each first-place state winner receiving a minimum of \$500 at the national level.



Established in 1947, our **Voice of Democracy** audio-essay program provides high school students with the unique opportunity to express themselves in regards to a democratic and patriotic-themed recorded essay. Each year, nearly 40,000 9-12 grade students from across the country enter to win their share of \$2.1 million in educational scholarships and incentives awarded through the program.

Honor Guard

Honor Guard Commander Robert Hystad



In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie,
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields

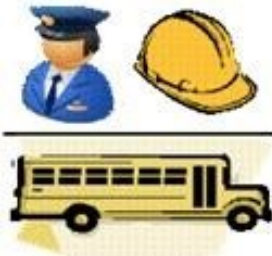
Other stuff



Safety

Program Chair Don Herman

Have you entered into the Community service report your safety Volunteer work?



If you have participated, or assisted in any work that deals with Pedestrian Safety, Drug Awareness, Recreational Safety, Highway Safety, Home and Fire Safety or other Safety projects please submit this on the [Community Service and Volunteer form](#).

Don't forget to also include Time spent donating blood anything that you do for the betterment of others has a place on the Community service and Volunteer form.

The Cooties Corner

By CCDB Terry Wagner



Greetings All,



Some Marches have been known to be snowy months but it looks like the big storm of this March was not weather related. Our March hospital visitation that was scheduled for the 17th was canceled but we are hoping to get back on track for April on the 21st but that visitation may also have to be canceled, only time will tell. Stay safe.



As our Pup Tent moves into our new fiscal year we have many familiar faces in our officer core. Robert Hystad is again our Seam Squirrel, Scott Hanson repeats as our Blanket Bum, Jim Montague as our Sky Pilot, and Greg Hanson as our Hospital Chair and a tightwad. New to our three tightwads is Jarrod McReynolds and our newest member, Elizabeth Nelson.



I would like to invite anyone to join us for the visitations and get a little insight as just who we are and what we do to "Keep them smiling in beds of white".

To contact me:

E-mail at wagnerterry@comcast.net

Or phone at 612-581-2719

Terry E. Wagner

CCDB PT (Sticktites) #66

Veterans' Issues

By Post Service Officer Jeff Jarosz

If any member has questions about their earned VA benefits, Minnesota Veteran's benefits or questions about filing a VA claim, I can be reached at jajaros@q.com or 763-434-9708

Jeff

The VA has canceled all elective surgery.

The Anoka county Veterans Service Office is closed for all "face to face" customer business.

Here are some "good news" items to check out. I think our members could use some good news in these trying times. Each of these has a link for you to check out. Remember that our most important tool during times of panic and crisis is our **mindset**.

Here are a number of major victories from the Pandemic line, with links you can follow up on:

(1) Vaccine development: An experimental vaccine developed by Moderna Inc. began the first stage of a clinical trial on Monday, with testing on 45 healthy adults in Seattle. [\[link\]](#)

(2) China's new cases plummet: China has now closed down its last temporary hospital built to handle COVID-19. Not enough new cases to warrant them. [\[link\]](#)

(3) Drugs that work: Doctors in India have successfully treated two Italian patients with COVID-19, administering a combination of drugs — principally Lopinavir and Ritonavir, alongside Oseltamivir and Chloroquine. Several are now suggesting the same medical treatment, on a case-by-case basis, globally. [\[link\]](#) [\[link\]](#)

(4) Antibodies to the rescue: Researchers at the Erasmus Medical Center claim to have found an antibody that can fend off infection by COVID-19. [\[link\]](#)

(5) 103-year-old recovery: A 103-year-old Chinese woman has made a full recovery from COVID-19 after being treated for 6 days in

Wuhan, China, becoming the oldest patient to beat the disease. [\[link\]](#)

(6) Stores re-opening: Apple has reopened all 42 of its Apple retail stores in China. [\[link\]](#)

(7) Test results in 2 hours: Cleveland's MetroHealth Medical Center has developed a COVID-19 test that can now deliver results in just two hours, rather than in a matter of days. [\[link\]](#)

(8) South Korea's dramatic drop in new cases: After its peak of 909 newly reported COVID-19 cases on February 29th, South Korea has now seen a dramatic drop in the number of new cases reported daily. [\[link\]](#)

(9) Mortality rates inflated? Experts predict that Italy has seen a higher mortality rate of COVID-19 given its significant aging population, as well as its higher percentage of COVID-19 patients with pre-existing health conditions. This might suggest that COVID-19's fatality rate may have been slightly more inflated than previously thought for the general population. [\[link\]](#)

(10) Israeli vaccine development: More than 50 scientists in Israel are now working to develop a vaccine and antibody for COVID-19, having reported significant breakthroughs in understanding the biological mechanism and characteristics of the novel coronavirus. [\[link\]](#)

(11) Full recoveries: Three patients in Maryland who tested positive for COVID-19 have now been reported to have "fully recovered." [\[link\]](#)

(12) Isolated virus: A network of Canadian scientists isolated the COVID-19 virus, which can now be replicated to test diagnostics, treatments, and vaccines. [\[link\]](#)

(13) Yet another vaccine in the works: San Diego biotech company Arcturus Therapeutics is developing a COVID-19 vaccine in collaboration with Duke University and National University of Singapore. [\[link\]](#)

Veterans' Issues

By Post Service Officer Jeff Jarosz

(14) Treatment protocols: Seven patients who were treated for COVID-19 at Jaipur's Sawai Man Singh (SFS) Hospital and Delhi's Safdarjung Hospital in India have recovered. The treatment protocol will be widely scaled to other hospitals. [\[link\]](#)

(15) Another treatment: Plasma from newly recovered COVID-19 patients (involving the harvesting of virus-fighting antibodies) holds promise for treating others infected by the virus. [\[link\]](#)

FREE LEGAL ADVICE FOR VETERANS

Up coming dates for legal clinics in Anoka for 2019-2020 are:

Thursday, June 4, 2020 - 9 A.M. - 3 P.M.

Thursday, Sept 3, 2020 - 9 A.M. - 3 P.M.

Anoka County Government Center
Room 237 2100
3rd Avenue Anoka, MN 5530

Anoka County Veterans Advocate

Attached is the Anoka County Veterans Advocate link that has some very interesting information for all veterans. [Click Here](#)

If any member has questions about their earned VA benefits, Minnesota Veteran's benefits or questions about filing a VA claim, I can be reached at jajaros@q.com or 763-434-9708

Jeff



How TRICARE For Life Eligibility, Enrollment Works

Jan. 28, 2020

Are you wondering what the TRICARE For Life (TFL) program is and whether you're eligible? TFL is Medicare-wraparound coverage for TRICARE beneficiaries who have Medicare Part A and Part B. This is regardless of your age or where you live. It provides comprehensive health care coverage. With TFL, you also get prescription coverage under the TRICARE Pharmacy Program.

To learn more, [read the full article](#).

The screenshot shows the VA VetResources website. At the top, there's a navigation bar with the VA logo, the U.S. Department of Veterans Affairs name, and various social media icons. Below this, the main content area features the VA logo and the text 'U.S. Department of Veterans Affairs'. A prominent banner reads '#VETRESOURCES MOST POPULAR IN 2019'. The text below the banner states: 'Since we began VetResources last year, you've opened it more than 100M times and clicked on resources more than 12M times. That's hundreds of thousands of free event tickets, premium subscriptions, audio books, National Park passes, video games, Walgreens Flu shots, and so much more!'. It then encourages sharing: 'Thousands of you have already shared VetResources, and if you haven't already please share it with your Veteran friends and supporters. Our goal is share VA and non-VA resources with all Veterans, their Families, Caregivers, and Survivors.' At the bottom of this section are 'SHARE' and 'SIGN UP' buttons. Below this is another section titled 'Free Concert, Sport Tickets from VET TIX'. It explains that Vet Tix provides free event tickets to currently-serving members of the military, Veterans, their families, and immediate family of those who have made the ultimate sacrifice while serving. It mentions that more than 6.7 million tickets have been distributed to date and that eligibility is determined through ID.me, a third-party identity verification service also available on VA.gov. At the bottom of this section are 'SIGN UP' and 'LEARN MORE' buttons.

[MORE INFORMATION](#)

Legislation

By Program Chair Larry Fonder

Greetings Palmer Lake Comrades, Friends, & Family,

The COVID-19 virus is affecting all aspects of life in Minnesota and the Legislature is no exception. In an effort to slow the spread and protect all concerned, the Disabled American Veterans (DAV) of Minnesota has canceled Veterans Day on Hill scheduled for April 20, 2020; please see link

For your awareness, please see the link below for the VFW's 2020 legislative priorities as well as the Department web page with links to Veteran Legislation in Minnesota.

<https://www.vfw.org/advocacy/national-legislative-service>

<https://www.mnvfw.org/legislative-1>



The VFW Action Corps Weekly, an easy-to-read electronic newsletter that highlights the VFW's advocacy efforts on Capitol Hill. Immediate access to a nationwide database of contact information for all elected officials, a congressional directory.

Regular VFW "Action Alerts" on how to get involved when our nation's veterans, service members and their families need their voices heard on Capitol Hill.

To view this week's edition: [Click here](#)



"Buddy" Poppy

Buddy Poppies

Program Chair Lee Ulferts

POPPY TIME!!!!!!

As I sit in the beautiful Arizona sunshine I realize with the coming of April that spring will soon be here and with that the arrival of poppy time.

I consider the most solemn veterans holiday is Memorial Day, a day when we reflect on all of the blood that has been and is being shed to keep America free. There is no more solemn duty we have than to take care of those that have returned from battle needing help. We distribute poppies once a year to raise money to assist them in their need.

Our bylaws mandate that any and all monies raised be used only for that purpose. In just the past year Palmer Lake has helped veterans who have needed help repairing cars so they can travel to work. We have replaced a driveway mandated by the city of Brooklyn Park for a disabled veteran.

I could list many more examples but that gives you an idea. All that being said we need help, your help. We have more locations than we have volunteers. Please consider volunteering a few hours of your time to help those veterans who are in temporary need. Poppy weekend has been tentatively scheduled for May 14-17.

With all of that being said we live in crazy times. We don't know yet if conditions and/or locations will allow us to fulfill this mission. Please follow our postings as we will keep you posted whenever we receive any updates.

What we are asking for you to do at this point is to send an email to Chairman Ulferts at lrulferts@gmail.com with your name and phone number if you are willing to join us in our efforts. When we find out details we will contact you. PLEASE.....PLEASE be willing to help.

Veteran and Post Activities

By Program Chair Blair SorvariC

POST ACTIVITIES (Open to all Post, Auxiliary Members and their Guests)

Wednesday and Friday – Bingo (6:30) and Bargo (7:30) respectively

Tuesday (5:00) and Saturday a (3:30) – Meat Raffles

Friday - \$3 burger night

AS YOU ARE ALL AWARE, THE GOVERNOR HAS STATED THAT ALL EAT IN FOOD SERVICE AND BARS WILL REMAIN CLOSED UNTIL AT LEAST MAY FIRST. WE HOPE YOU ARE ALL WELL AND WILL BE BACK WITH US IN MAY.



Veteran and Post Activities



Edward Vernon Rickenbacker (October 8, 1890 – July 23, 1973) was an American fighter ace in World War I and Medal of Honor recipient. With 26 aerial victories, he was America's most successful fighter ace in the war. He was also considered to have received the most awards for valor by an American during the war. He was also a race car driver and automotive designer, a government consultant in military matters and a pioneer in air transportation, particularly as the long-time head of Eastern Air Lines.

Voted most decorated in WWI by the VFW Magazine's 100th Anniversary edition.



Joel Thompson Boone (August 2, 1889 – April 2, 1974) was a United States Navy officer who received the Medal of Honor for his actions during World War I. In addition to the Medal of Honor, Boone received the Army's Distinguished Service Cross and was awarded the Silver Star six times. These awards made Boone the most highly decorated medical officer in the history of the United States armed services.

Voted most decorated by the VFW Magazine's 100th Anniversary edition of WWI.

Americanism and Citizenship

Program Chair George Hunt

Upcoming Holidays Dates

Apr 1 -



Apr 5 - Palm Sunday

Apr 6 - Army Day

Apr 8 - Passover Begins

Apr 9 - National former POW Recognition Day

Apr 10 - Good Friday

Apr 11 - Persian Gulf War Official Cease Fire (1991)

Apr 12 - Easter Sunday

Apr - 15 Everybody's favorite - Income Tax Day. "America is a land of taxation that was founded to avoid taxation."

Quote by Dr. Laurence J. Peter

Apr 19 - Orthodox Easter

Apr 22 - Administrative Professionals Day and Earth Day

Apr - 24 - Arbor Day - Plant a tree

Dates to Note

Next Aux meeting April - Postponed due to COVID-19

Next Post meeting April 8th at 1900 via Zoom - log in by way of the Post web site (see Commanders letter on page 1)

Next Hospital Visit April 21st at 1900 meet at the post at 1830

Blue Star Mom's meet the 3rd Thursday of every month.

Blood Drive Monday, May 11th 2020

Monday, July 6th 2020

Monday August 31st 2020

Help Wanted

Content Contributor/Video Editor – Looking for an individual that is tech savvy that can assist in uploading and managing YouTube content, along with editing video content. Maybe also an opportunity to record content. There is no pay associated with this job, it is strictly volunteer.

Email - palmerlake.vfw3915@gmail.com

Newsletter Journalist – This newsletter should be more than just the commander or the President giving out information. If you have something you want to share, this is your chance. Send an email to the newsletter editor at editor.palmerlakepost3915@gmail.com with an article or a picture you want added to the newsletter, it will be looked at, and someone will be in touch with you.

VOLUNTEER NEEDED

Are you the type of person who is great with organizing records and who is looking for a unique volunteer opportunity at the Post? This volunteer opportunity would be right up your alley.

As published in October's General Orders the Department Quartermaster has advised all Posts to verify they have each members application for membership on file. This is to satisfy the IRS requirement for our exempt status.

Our Post does maintain the original application for membership from each of our members. However, over the years the drawer containing this information has become disorganized and, well, kind of a mess. It needs some tender loving care. The project would require the use of the current membership list and then locating the application and properly filing the application. Unneeded applications can be archived.

The advantage of this project is it can be done at your convenience and no time deadline is required. It just needs to keep moving forward. The project ends when 100% of our current members have an application on file. Our post has between 500 and 600 members at any given time.

If you are the right person for this task please contact the Quartermaster at 3915Quartermaster@gmail.com

Tom Heinrich, Quartermaster

Contact us

Commander palmerlake.vfw3915@gmail.com

Auxiliary President Auxiliary.vfw3915@gmail.com

Newsletter information editor.palmerlakepost3915@gmail.com

Club Manager clubmanager.vfw3915@gmail.com

Lawn Care Team davthomp07@gmail.com

Canteen Calendar

Club Manager Andrea Moy

